



EMERGENCY ACTION PLAN

This document is intended to help deliver an effective medical response in the event of a player, member of staff or spectator being injured or becoming ill whilst on site or hired pitches.

Adam Virgo Academy – HASSOCKS SPORTS CENTRE

Location: Downlands Community School, Dale Avenue, Hassocks, BN6 8LP

First Aider Information.

All of the Coaches at the Adam Virgo Academy hold an FA Emergency First Aid Certificate (as a minimum). They will be able to assist with a medical emergency. Please locate the nearest Academy Coach if you should require assistance.

Defibrillator: Arrive at Freedom Leisure Reception Entrance - the Defibrillator is immediately on your Left.

First Aid Room: Academy Coaches Medical Bag is found in Dressing Room.

Access Routes

1. **For Ambulance:** Car Park in front of Freedom Leisure
2. **First aid room for Ambulance:** is in the male dressing room - leave the 3G entrance to the right of the pitch through the door, take the first left on the pathway and the male dressing room is in front of you.

3 **Pitch access for Ambulance:** When you arrive at Freedom Leisure Car Park on the right side of the road there will be a metal gate with 2 doors. If an Ambulance is called, one of the Academy coaches will notify Freedom Leisure to open the gate and an academy coach will wait by the gate until the Ambulance arrives then will assist with directions to the pitch. The pathway leads all the way to the pitch where two double doors can open to allow an ambulance onto the pitch.

If the gate is not open access to a key can be found at reception desk of Freedom leisure.
(Ask a Freedom Leisure member of staff for assistance)

OTHER INFORMATION

Nearest Hospital (With an A and E): Princess Royal Hospital, Lewes Road, Haywards Heath, RH17 4EX:
Open 24 Hours, Telephone Number: 01444 441881

Direction to the Hospital: Leave **Dale Avenue** and turn left onto **Lodge Lane**. Continue onto **Keymer Road** and take the second exit onto **Junction Road**, follow **Rocky Lane** and then take the exit onto **A272**. At the second roundabout take the second exit again and stay on **Rocky Road** for 0.4 of a mile. Then take the roundabout exit onto **Wivelsfield road** which will be the first exit. Turn right onto **Cowell Road** then turn right onto **Lewes Road/ B2272** at the 3rd roundabout take the 3rd Exit, turn left and then left again and arrive on **Lewes Road, Haywards Heath RH16 UK**.

Journey Time: 19 Minutes

Nearest Walk in Centre: The Health Centre, Windmill Avenue, Hassocks BN6 8LY